

Early Intervention Counsellor (Maternity Cover 1 year)

Department	Disability and Wellbeing Service (www.strath.ac.uk/disabilityservice/)		
Directorate	Student Experience And Enhancement Services (www.strath.ac.uk/sees/)		
Staff Category	Administrative and Professional	Reference No	406007
Reports To	Early Intervention Team Leader	Grade:	7
Salary Range:	£33,309 - £40,927 pro rata per annum	Contract Type:	Fixed Term (12 months)
FTE:	0.5 (17.5 hours/week)	Closing Date	Sunday, 24 October 2021

Job Advert

As part of the Disability and Wellbeing Team, and reporting to the Early Intervention Team Leader, you will be an early intervention counsellor working two and a half days per week, providing same day individual support to students presenting with a wide range of risk, distress and personal difficulties. You will be an experienced practitioner in supporting others who are presenting with suicidal ideation and plans. You will be able to offer an early assessment/intervention with those at risk and be confident if appropriate in passing students at risk on to more appropriate services. You will also provide single sessions and reviews, and have experience of single session therapeutic model. You will be an accredited counsellor receiving professional supervision and work within the ethical framework of a relevant professional body and in accordance with University policy, strategy and regulations. This post is for one year commencing 15th of November 2021 to provide maternity cover for the existing post holder.

Job Description

Brief Outline of Job:

You will provide a same day early intervention provision, which will include risk assessment interventions with students who are suicidal or at risk, ensuring that they are kept safe and referred onwards to the most appropriate intervention and support. You will also offer single session assessments/interventions and review, with other students presenting to the Disability and Wellbeing Service.

Main Activities/Responsibilities:

1.	To provide early intervention to students experiencing suicidal thoughts and plans and also emotional and mental health issues.
2.	To risk assess students when they present to the Disability and Wellbeing service.
3.	To ensure that students presenting with suicidal thoughts and plans are kept safe and risk assess as to the most appropriate intervention.

4.	To deliver effective follow up work (e.g., proactive case management, liaison with GP services, referrals to other teams within the university or externally as required).
5.	To conduct Wellbeing assessments within the Disability and Wellbeing Service.
6.	In liaison with the Early Intervention Team Leader, to respond effectively and speedily to students experiencing a mental health crisis, including evaluation of the level of psychological distress and risk (e.g. risk of suicide), drawing in appropriate interventions from other agencies as required.
7.	To work and liaise with other staff within the Disability and Wellbeing Team to ensure the delivery of an integrated support service.
8.	To offer assessment and single session interventions and reviews, in order to signpost students to the most appropriate interventions and support without necessarily coming through the Wellbeing assessment route.
9.	To maintain accurate records of sessions and complete notes on a database in accordance with professional and ethical standards.
10.	Together with colleagues within the Disability and Wellbeing Team, develop workshops and activities to encourage positive mental wellbeing.
11.	To design and deliver University-wide staff development sessions on matters pertaining to student mental health.
12.	To keep abreast of all relevant legislative and statutory regulations, key drivers and future challenges and work within the required legislative context.
13.	To participate in professional supervision requirements/ relevant CPD/ professional practice to ensure professional registration is maintained.
14.	To maintain professional accreditation with an appropriate professional body e.g. BABCP, BACP, BPS or COSCA
15.	To take part in and support the development of quality assurance and enhancement activities within the Disability and Wellbeing department.
16.	To complete any other duties as advised by the Early Intervention Team Leader and appropriate to grading.

Person Specification

Educational and/or Professional Qualifications

(E=Essential, i.e. a candidate must meet all essential criteria to be considered for selection, D=Desirable)

E1 Educated to Degree level or equivalent.

E2 A recognised formal counselling qualification (Diploma/Higher Degree) in a solution-focussed approach.

E3 Accreditation by a recognised professional body e.g. BABCP, BACP, BPS or COSCA

E4 Undertaking external professional supervision, as appropriate to their accreditation requirements.

Experience

E5 Experience of providing 1:1 counselling within area of expertise to a student client group experiencing a wide range of mental health and emotional issues, ideally within a multi-disciplinary team. Experience of delivering single session therapy.

E6 Experience of working with persons at risk of Suicide. Evidence of having completed ASIST, STORM or CAMS training.

Job Related Skills and Achievements

E7 Excellent therapeutic skills.

E8 Knowledge of clinical counselling models and interventions within area of expertise.

E9 Ability to make a sound clinical assessment of each client and tailor and deliver therapeutic interventions accordingly.

E10 Good understanding of the assessment of suicide risk and mental health needs.

E11 Ability to deal with situations empathetically, non-judgementally and on own initiative to ensure students' needs are effectively met.

E12 Understanding of the support needs of students in higher education and of the expectations of their programmes of study. Ability to work within a six-session model, using CAMS for suicide interventions and a single session model for all other presentations.

Personal Attributes

E13 Resilient with an ability to work under pressure and remain calm in difficult situations.

E14 Excellent interpersonal and communication skills with the ability to work independently and as part of a team.

Application Procedure

Applicants are required to complete an application form including the name of three referees who will be contacted without further permission, unless you indicate that you would prefer otherwise. Applicants should also submit a Curriculum Vitae and a covering letter detailing the knowledge, skills and experience you think make you the right candidate for the job. Applicants should also complete the Equal Opportunities Monitoring Form.

Other Information

Further information on the application process and working at Strathclyde can be found on our website (<http://www.strath.ac.uk/hr/workforus>).

Informal enquiries about the post can be directed to Sean McCann , Early Intervention Team Leader (Email: sean.mcacann@strath.ac.uk).

Rewards and Benefits

Our staff have access to a wide range of outstanding benefits that include financial rewards, family friendly and wellbeing benefits and career development opportunities, details of which can be found [here](#).

PVG Check

This position involves regulated work, making it a legislative requirement that the successful candidate becomes a member of the Protection of Vulnerable Groups Scheme. If appointed, employment with the University will not be confirmed, until membership of the Scheme has been received. The successful applicant will be precluded from working with protected groups until that time.

Conditions of Employment

Conditions of employment relating to the Administrative and Professional staff category can be found at: [Conditions of Employment](#).

Probation

Where applicable, the successful applicant will be required to serve a 9 month probationary period.

Pension

The successful applicant will be eligible to join the Universities' Superannuation Scheme. Further information regarding this scheme is available from [Payroll and Pensions](#).

Relocation

Where applicable, the University offers a relocation package to support new employees who meet the eligibility criteria. The relocation package is offered as a contribution towards costs incurred, and is designed to be flexible, allowing staff to use the financial support available in the way that will be most helpful to them. Further details are outlined in the Relocation Policy.

Interviews

Formal interviews for this post will be held on Wednesday, 10 November 2021.

Equality and Diversity

We value diversity and welcome applications from all sections of the community.

The University currently holds a Bronze Athena SWAN award, recognising our commitment to advancing women's careers in science, technology, engineering, maths and medicine (STEMM) employment in academia.

University Values

The University's Values capture what we're all about: who we are, what we believe in and what we stand for. [Our Values](#) have been derived from how we act and how we expect to be treated as part of Strathclyde.

